



Tesseract Cross Country Invitational
 Sponsored by WHATCOM TESSERACT
 Sanctioned by USA Track And Field

WHEN: Saturday October 22, 2011

WHERE: Cornwall Park, 3424 Meridian Street, Bellingham. From Northbound I-5, take exit #256A; WA 539 , turn left on Meridian. At the third traffic light, Cornwall Park will be on the left.

COURSE: Multiple loop course on gravel trails and grass. Excellent for spectators!

***** Not a spike course: although there is little asphalt the trails are very firm *****

QUESTIONS: Peter Oviatt 360-224-4247 peter@whatcomtesseract.com

REGISTRATION: \$7 entry fee all ages. Registration begins at 9:00 a.m.

AWARDS: Individual awards for 1st through 8th place. Team awards 1st through 3rd. Minimum 3 team members to score, maximum 8.

Shirts: Shirts will be available for purchase.

RACE DAY SCHEDULE

10:00: Mini Bantam (6&U) B & G 1000 M	10:20: Sub bantam (7-8) B & G 2000 M
10:40: Bantam Girls (9-10) 3000 M	11:00: Bantam Boys (9-10) 3000 M
11:20: Midget Girls (11-12)3000 M	11:40: Midget Boys (11-12)3000 M
12:00: Youth Girls (13-14)3000 M	12:30: Youth Boys (13-14)3000 M
1:00 Open Race (15 & Over) 4000 M	

NOTE: Your age group is your age as of December 31, 2011

Name _____ Birthdate _____ Sex _____
 Address _____
 City _____ State _____ Zip _____ Phone _____
 Age Group _____ Team _____

Entry Waiver

The undersigned participant, parent and natural guardian or legal guardian hereby acknowledges that he/she is aware of the dangers involved in participating in track and field events. Said undersigned does hereby represent that he/she is, in fact, acting in such capacity and agrees on the behalf of the participant and his/her executors, administrators, heirs, next of kin, successors, and assigns, to:

A. Waive, release and discharge from any and all liability for participant's death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to participant and his/her estate, Whatcom Tesseract Running Club, and its officers, agents and employees; and

B. Indemnify and hold harmless the Whatcom Tesseract Running Club, and its officers, agents and employees from and against any and all liabilities and claims made by other individuals or entities as a result of the participant's participation or actions during this activity or event.

The undersigned further consents to and authorizes medical treatment to the participant which may be deemed advisable in the event of injury, accident or illness and waive to the maximum extent permissible under applicable law.

I, the undersigned, acknowledge that I have read and understand the above release.

Participant (Parent or Guardian if under 18)

Date: _____