



# 2018 Sun City Invitational Cross Country Meet

**Saturday, September 15<sup>th</sup>, 2018**  
Franklin Park, 2101 Tieton Dr, Yakima, WA

**Online Registration deadline: Thursday, September 13<sup>th</sup> (Day-of-race registrations okay)**

## SCHEDULE & AGE DIVISIONS:

Age Division	Distance	Time	
Ages 6 & Under (born 2012+)	800 Meters	11am	Course is available for preview anytime before 11am
Ages 8 & Under (born 2010+)	2 km	11:30am	
Ages 9-10 (born 2008-2009)	3 km	Noon	
Ages 11-12 (born 2006-2007)	3 km	Noon	This is a hilly course with loops.  <i>Spikes are strongly recommended.</i>
Ages 13-14 (born 2004-2005)	4 km	12:30pm	
Open and Coaches	2 km	1pm	No charge for this race

**REGISTRATION LINK: [HTTPS://WWW.ATHLETIC.NET/CROSSCOUNTRY/MEET/150833/REGISTER](https://www.athletic.net/crosscountry/meet/150833/register)**

**PARKING** for the Association Meet will be tough but we have a great relationship with our community so we have lots of options. First option: there are close to 100 parking spots at either Franklin Middle School or the Yakima Museum. Second option: any surface streets EXCEPT Stanley Blvd. 23rd is on the west side of the park, Chestnut is on the north side of the park, and 19th is on the east side of the park. You can also park one or two blocks further back but please make sure you do not block anyone's driveway. We also have permission from Central Lutheran to use their parking lot all day Saturday. If all of that parking is taken up, more parking is available on the south side of Tieton Drive but please use the cross-walk which is by 21st Ave as this is a busy street.

**TEAM SCORING:** A scoring team consists of 5 to 8 athletes. The top 5 finishers among the declared runners will score.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed to athletes by their coaches. Unattached athletes can pick their bib up at the check-in table.

**EVENT RESULTS:** Event results will be posted outside the awards tent during the meet and at [athletic.net](http://athletic.net).

**AWARDS:** Top three in each race/age group receive medals, 4-10 receive ribbons, all others receive participant ribbons.

**HOW TO REGISTER:** Online registration *only* at [athletic.net](http://athletic.net). Cost: \$5 per athlete. Club Administrators and Unattached Athletes should register online at

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by Thursday, September 13<sup>th</sup> if you want to register online. Day-of-race registration is okay but please allow an extra 15 minutes on race day to fill out paperwork. Sun City is a non-profit club and never wants finances to ever be an issue. If the cost is an issue please let us know and we will donate a bib number to your athlete.

**QUESTIONS:** [erik@yakimamedicalsupply.com](mailto:erik@yakimamedicalsupply.com) or 509-941-5191 (Please no phone calls after 9pm except on Tuesday November 6<sup>th</sup>).

**WEB SITE:** On the Sun City website [www.suncityharriers.com](http://www.suncityharriers.com) will be an updated drone video of the course if you would like to see this. The 2017 video is currently up and the 2018 video will be up by September 10<sup>th</sup>. For those that ran the 2017 course, the only change was we flipped the laps (The 1000-meter loop is run first and the 2000 meter loop is run second to avoid runner being lapped). This course will also be the JO Inland Northwest Association Course as well as the Region 13 Junior Olympic Course. Also, this course falls very early in the cross-country season, we would like to remind all parents/coaches that it takes multiple months for athletes to get in shape. Goal for this meet should be to have fun and compete well! Last, there will be popsicles after the run for each athlete!