

## Cascade Striders Flying Feet Invitational 10/10/09

### Mini-Bantam (6 & under) 800 m

Record - Boys				Record - Girls			
	Name	Team	Time		Name	Team	Time
<b>1999</b>	<b>DeVantre Munson</b>	<b>SCAA</b>	<b>3:34</b>	<b>1999</b>	<b>Erin Wilbur</b>	<b>CS</b>	<b>3:51</b>
1	Cameron Andrews	SCAA	4:14	1	Emily DeJarlais	CS	4:17
2	Bram Schenck	CS	4:15	2	Maya Canting	IG	4:40
3	Hunter Choudhry	CS	4:32	3	Kana Kardong	IG	5:11
4	Asher Tungsvik	IG	4:59	4	Nicole Penner	U/A	6:11

	Teams:	Pts.
1st	Cascade Striders	6
2nd	Issaquah Gliders	15

### Sub-Bantam (7 & 8) 1500 m

Record - Boys				Record - Girls			
	Name	Team	Time		Name	Team	Time
<b>2007</b>	<b>Jesse Goldstone</b>	<b>FWTC</b>	<b>6:04</b>	<b>2007</b>	<b>Tatum Thornton</b>	<b>PRTC</b>	<b>6:54</b>
1	Riley Paulino	FWTC	6:45	1	Jacqueline Blake-Brown	FWTC	7:29
2	Harrison Fitch	RCF	6:51	2	Mina Young	RCF	7:42
3	Rhys da Ponte	IG	7:10	3	Marlena Kramer	RCF	8:16
4	Noah Schroeder	Whidbey	7:33	4	Leila Adams	SCAA	8:19
5	Zach Curran	CS	7:40	5	Emmie Sullivan	RCF	8:21
6	Elian Joseph	CS	7:40	6	Camille Koney	RCF	8:40
7	Gus Trimble	IG	7:54	7	Trinity Wilhite	Barron	8:41
8	Peter Woodward	IG	7:58	8	Juliana Tungsvik	IG	8:43
9	Nicholas Johnson	FWTC	8:04	9	Catherine Wiekev	Whidbey	8:45
10	Harrison Cabe	IG	8:22				
11	Nyles Avernios	Whidbey	8:42				
12	Kieran Kardong	IG	8:47				
13	Simon Ball	RCF	8:47				

	Teams:	Pts.
1st	Issaquah Gliders	6

	Teams:	Pts.
1st	Rain City Flyers	6

### Bantam (9 & 10) 3000 m

Record - Boys				Record - Girls			
	NAME	Team	Time		NAME	Team	Time
<b>2003</b>	<b>Jacob Poque</b>	<b>SHS</b>	<b>11:20</b>	<b>2001</b>	<b>Annie Dear</b>	<b>BP</b>	<b>12:09</b>
1	Zachary Blake	FWTC	12:21	1	Laura Rodeheffer	Whidbey	12:15
2	RJ McCormack	CS	12:40	2	Katherine Copland	Barren	12:15
3	Chris Bianchini	SNO	12:46	3	Sophie Cantine	IG	12:21
4	Ethan Doshi	RCF	13:05	4	Eden Fox	CS	12:57
5	Jared Donnel	CS	13:12	5	Alexi Kyro	RCF	13:08
6	Myles Klingler	SCAA	13:28	6	Ariel Withite	FWTC	13:16
7	Ryan Vasileft	Whidbey	13:42	7	Kaithryn Chelberg	Whidbey	13:17
8	Landon Armstrong	CS	13:56	8	Aliya Schenck	CS	13:38
9	Coleman Herndon	RCF	14:13	9	Carolynn Wicker	Whidbey	13:47
10	Marcus Helliker	CS	14:24	10	Callie Mejia	IG	14:17
11	Devon Cantrell	RCF	14:35	11	Katarina LaSpada	SoCal	14:37
12	Alex Woodard	RCF	15:08	12	Nora Fujita-Yuhas	RCF	14:39
13	Bobby Lau	CS	15:12	13	Anna Lapella	FWTC	15:28
14	Nicholas DeJarlais	CS	15:30	14	Caroline Ferguson	U/A	15:57
15	Evan Ruan	IG	15:30	15	Josey Batura	IG	17:24
16	Tanner Choudhry	CS	16:04	16	Chloe Margarones	RCF	18:33
17	Avery Dailidenas	CS	16:27				
18	David Liew	IG	17:32				
19	Elliott Young	RCF	17:37				

	Teams:	Pts.
1st	Cascade Striders	8
2nd	Rain City Flyers	14

	Teams:	Pts.
1st	Whidbey	10
2nd	Issaquah Gliders	16
3rd	Rain City Flyers	19

### Midget (11 & 12) 3000 m

<i>Record - Boys</i>				<i>Record - Girls</i>			
	<i>NAME</i>	<i>Team</i>	<i>Time</i>		<i>NAME</i>	<i>Team</i>	<i>Time</i>
<b>2007</b>	<b>David Goldstone</b>	<b>FWTC</b>	<b>10:23</b>	<b>2007</b>	<b>Amy-Eloise Neale</b>	<b>Snohomish</b>	<b>10:53</b>
1	Brendan Myrick	FWTC	11:43	1	Alexis Mann	CS	12:06
2	Mats Hangberg	SNO	11:59	2	Paloma GreyFarkus	RCF	12:19
3	Alec Woodruff	FWTC	12:10	3	Bri Gibson	Oiselle	12:25
4	David Howard	FWTC	12:34	4	Casey Clark	Oiselle	12:30
5	Thomas Lindgren	SNO	12:37	5	Patryce McWilliams	FWTC	12:31
6	Nicolas Goleeke	FWTC	12:50	6	Pascale De Sa E Silva	CS	12:35
7	Luke Beauchamp	CS	13:06	7	Syddda Rice	RCF	12:36
8	Ben Garrett	FWTC	13:26	8	Marisa Sligh	Whidbey	12:39
9	Rohan Aras	CS	13:58	9	Anne Maher	Oiselle	12:45
10	Miguel Guzman	Whidbey	14:16	10	Emily Donnel	CS	12:56
11	TJ Hori	CS	14:17	11	Zanna Sullivan	RCF	12:59
12	Tristan Johnson	FWTC	14:40	12	Rebekah Oviatt	RCF	13:12
13	Logan Armstrong	CS	14:41	13	Elena Joseph	CS	13:13
14	Will Oden	CS	14:42	14	Amelia Best	Oiselle	13:21
15	Sami Gegoux	FWTC	14:53	15	Emma Lower	Oiselle	13:22
16	Masaki Rayment	CS	15:05	16	Paloma J Langone	FWTC	13:38
17	Sam Lapella	FWTC	15:15	17	Elina-Jones toutant	RCF	14:47
18	Cameron Meade	CS	16:20	18	Megan Phillips	CS	14:50
19	Peter Moore	RCF	17:36	19	Sarah Richardson	CS	15:03
				20	Zabrina Bateh	FWTC	15:17
				21	Caroline Sharp	Oiselle	15:34
				22	Alexis Kramer	CS	16:06
				23	Flora Davis	RCF	16:32
				24	Claudia Woodward	IG	16:59
				25	Addie Mejia	IG	17:02
				26	Anna Adeoy	IG	17:03
				27	Clara Orndoff	RCF	17:59
				28	Isabelle Dailidenas	CS	21:17

	<b>Teams:</b>	<b>Pts</b>
1st	Federal Way Track Club	6
2nd	Cascade Striders	20

	<b>Teams:</b>	<b>Pts</b>
1st	Oiselle	15
2nd	Cascade Striders	16
3rd	Rain City Flyers	19
4th	Federal Way Track Club	39
5th	Issaquah Gliders	72

### Youth (13 & 14) 4000 m

<i>Record - Boys</i>				<i>Record - Girls</i>			
	<i>NAME</i>	<i>Team</i>	<i>Time</i>		<i>NAME</i>	<i>Team</i>	<i>Time</i>
<b>1997</b>	<b>Jonathon Manthey</b>	<b>FWTC</b>	<b>13:49</b>	<b>2008</b>	<b>Amy-Eloise Neale</b>	<b>SNO</b>	<b>14:51</b>
1	John Rodeheffer	Whidbey	14:04	1	Audrey Western	Oiselle	15:32
2	Jack Pearce	RCF	14:07	2	Rose Christen	Oiselle	16:02
3	Aaron Roe	CS	14:42	3	Olivia Meyer	Whidbey	16:47
4	James Jaspersen	Barron	15:00	4	Natalie Sharp	Oiselle	16:50
5	Shay Glackin-Coley	FWTC	15:27	5	Caracol Haley	Oiselle	17:13
6	Warren Madson	RCF	15:31	6	Paige Hallstrom	FWTC	17:28
7	Paul Everett	FWTC	15:45	7	Isabella Chaffey	CS	17:36
8	Stewart Kunzehuan	FWTC	15:47	8	Kysa Johnson	CS	17:52
9	Stephen Miller	Whidbey	15:57	9	Anna Hill	U/A	18:01
10	Nick Koney	RCF	16:50	10	Natalia LaSpada	SoCal	18:34
11	Harrison Devine	CS	16:53	11	Lindsey Call	Oiselle	19:09
12	Matt Saunders	FWTC	16:55	12	Karissa Kjenstad	FWTC	19:47
13	Tyler Phillips	CS	17:00	13	Meg Coyle	CS	20:47
14	Vincent Garcia	CS	18:12	14	Kate Ahearn	CS	21:22
15	Valentin Monfort-Schaeffer	RCF	18:13	15	Brianna Fecarotta	FWTC	3:35
16	Chris Gyr	IG	19:16				
17	Matthew Nesteroff	CS	24:33				
18	William Ballinger	RCF	29:06				

	<b>Teams:</b>	<b>Pts</b>
1st	Rain City Flyers	12
2nd	Federal Way Track Club	14
3rd	Cascade Striders	20

	<b>Teams:</b>	<b>Pts</b>
1st	Oiselle	6
2nd	Cascade Striders	23
3rd	Federal Way Track Club	25

**Intermediate/Young (15 - 18) 4000 m**

<b>Record - Boys</b>				<b>Record - Girls</b>			
	<b>NAME</b>	<b>Team</b>	<b>Time</b>		<b>NAME</b>	<b>Team</b>	<b>Time</b>
<b>2006</b>	<b>Justin Helm</b>	<b>FWTC</b>	<b>13:30</b>	<b>2005</b>	<b>Lisa Cushing</b>	<b>FWTC</b>	<b>15:40</b>
1	Sean Keane	U/A	14:10	1	Summer Tucker	CS	21:49
2	Cameron Devine	CS	18:15				

**Open 4000 m**

<b>Record - Men</b>				<b>Record - Women</b>			
	<b>NAME</b>	<b>Team</b>	<b>Time</b>		<b>NAME</b>	<b>Team</b>	<b>Time</b>
<b>2004</b>	<b>Jon Manthey</b>	<b>FWTC</b>	<b>13:24</b>	<b>2001</b>	<b>Lisa Taylor</b>	<b>SHS</b>	<b>16:11</b>
1	Peter Oviatt	RCF	13:54	1	Lyuda Vasilyeva	CS	15:33
2	Sean Keane	U/A	14:10	2	Theresa Westfall	RCF	18:24
3	Bill Rodeheffer	Whidbey	14:32	3	Naomi Panian	CS	18:47
4	Bill DeJarlais	CS	14:54	4	Tori Ahearn	CS	20:26
5	Paul Melrose	CS	15:27	5	Debbie Phillips	CS	20:31
6	Scott Phillips	CS	15:36	6	Vicky Donnel	CS	21:01
7	Paul Rice	RCF	16:29	7	Cindy Choudhry	CS	21:22
8	Danny Lau	CS	17:41	8	Dawn Dailidenas	CS	23:28
9	Ed Sullivan	RCF	17:48	9	Donna Valentine	CS	24:01
10	Kirk Devine	CA	19:30				

**Team Abbreviations**

<b>Cascade Striders</b>	<b>CS</b>
<b>Federal Way TC</b>	<b>FWTC</b>
<b>Issaquah Gliders</b>	<b>IG</b>
<b>Plateau Runners TC</b>	<b>PRTC</b>
<b>Rain City Flyers</b>	<b>RCF</b>

**Team Abbreviations**

<b>Seattle Running Club</b>	<b>SRC</b>
<b>Snohomish TC</b>	<b>SNO</b>
<b>Oiselle</b>	<b>Oiselle</b>
<b>Team Ephrata</b>	<b>Ephrata</b>
<b>Whidbey Island</b>	<b>Whidbey</b>
<b>Barron Park Striders</b>	<b>Barron</b>